

## CHICKEN CORDON BLEU

Uncooked chicken breast cutlets stuffed with smoked ham and cheese filling

**Ingredients:** chicken, water, soy protein product, salt dextrose garlic powder, onion powder, spices, stuffed with: smoked ham, smoke flavored precessed cheese food. In a breading of toasted wheat crumbs with spices, water, modified corn starch, wheat flour, corn flour, wheat gluten, salt, baking powder, vegetable oil, shortening, de-fatted soy flour. Milk ingredients, guar gum. Browned in vegetable oil, contains: milk, soy, wheat.

### Cooking Instructions:

Cook until a minimum internal temperature of 74°C/165°F is reached.



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## Nutrition Facts

Serving Size 1

Amount Per Serving

**Calories** 401

% Daily Values\*

**Total Fat** 21g **32%**

Saturated Fat 6g **30%**

Trans Fat 0.5g

**Cholesterol** 63.5mg **21%**

**Sodium** 1323mg **55%**

**Total Carbohydrate** 26.6g **9%**

Dietary Fiber 1.2g **5%**

Sugars 7g

**Protein** 26.9g **54%**

\*Percent Daily Values are based on a 2,000 calorie diet.